

Who are we?

Ealing Dental Specialists, is an Orthodontic Practice which primarily specialises in braces.

What is Orthodontics used for?

Many people have crowded, prominent, missing teeth, or even teeth that don't meet properly when they bite. Problems like these can mean teeth are more likely to become damaged or strain put on jaw muscles, or in some cases abnormal development of the teeth and jaw can affect the shape of the face.

This is where Orthodontics comes in, and the benefits can include:

- Correction of dental crowding and straightening of your teeth
- Correction of your bite so the front and back meet evenly
- Reducing the chance of damage to prominent teeth
- Improving your appearance, including your smile

Who can have Orthodontics?

Orthodontics can be done for anyone, but would usually start for a child once they have lost most, if not all of their baby teeth.

Adults can begin Ortho treatment at any time but are more limited in their treatment options as some braces are reserved for people who are still growing.

Whether you are a child or an adult orthodontic treatment cannot be started unless there is a good level of oral hygiene, as orthodontic treatment can increase the risk of tooth decay as it becomes more difficult to brush.

NHS Orthodontics

Orthodontics is free for people under 18 who meet the criteria and have a clear dental health need.

A rating system known as the Index of Orthodontic Treatment Need (IOTN) is used to assess your eligibility for NHS treatment. The British Orthodontic Society's website has more information about the different grades used for [IOTN](#)

Adults or children who do not qualify for NHS treatment have the option of Private treatment which you can enquire about with the clinician or at reception.

The Team

Principal – Dr Roopa Kukadia BDS (Manc) MCLinDent (Lond) MJDF RCS (Eng) MOrth RCS (Eng) GDC No. 150117

Dr Kukadia became the Principal of Ealing Dental Specialists in May 2016, Roopa qualifies in Dentistry from the University of Manchester and was awarded the Edgar Houghton Prize for excellence in operative dentistry. She later undertook her specialist orthodontic training at the Royal London Hospital where she studied her Masters in Clinical Dentistry in Orthodontics. She was awarded an Honorary Lectureship at the Royal College of Surgeons, England, and is not an Examiner for the MJDF Royal College Examinations. Roopa sits on the board of the Federation, is a member of the Local Dental Committee and the North West Liaison Group. Roopa has authored scientific papers and has presented lectures at National and International specialist conferences. She is also a mentor to specialist orthodontists and orthodontic therapists. Roopa has had vast experience in treating a range of cases including the latest clear braces such as lingual braces and invisalign, Roopa has a keen interest in supporting the community and actively supports children education via charitable projects both here and abroad

Specialist Orthodontist – Dr Sarbjit Cholia BDS (Lond), MSC Orth, MFDS RCS (Eng), MOrth RCDs GDC No. 81293

Dr Cholia qualified in Dentistry from the University of London and later undertook his specialist training at the Eastman Dental Institute. Sarbjit has a keen interest in voluntary dentistry and has performed charitable work in a number of regions in India.

Specialist Orthodontist – Dr Arti Dhir BDS, MSc Orth, MFDS RCS, MOrth RCDs GDC No. 79524

Dr Dhir qualified in Dentistry from The University of Wales College of Medicine in 2001 and undertook her specialist training at Guys and St Thomas' NHS foundation Trust completing in 2011. During her training she has treated many complex cases using a range of orthodontic appliances and techniques.

Specialist Orthodontist – Dr Jeet Parekh BDS (Manc) 2011, MCLinDent (Orth) 2016, MJDF RCS (Eng), MOrth RCS (Eng) GDC No. 211256

Dr Parekh is a newly qualified Orthodontist, qualifying in 2016 and the newest member to our team. Jeet qualified as a dentist in 2011 and has gained experience in various fields within dentistry, including oral and maxillofacial surgery at University College Hospital. Jeet has also won several awards for his work, including the Jim Moss research award and placing third at the UTG a national competition for trainee orthodontists.

Specialist/Consultant Orthodontist – Dr Sona Kotecha BDS (Manc) 2002, MFDS, MSc, MOrth FDS (2009) (Orth) GDC No: 80475

After qualifying as a dentist from the University of Manchester in 2002, DR Sona moved back to London where she worked in general practice and at various hospitals including the Eastman Dental Hospital in various dental specialties such as oral and maxillofacial surgery, oral medicine and paediatric dentistry. Her specialist orthodontic training took place in London at the Eastman Dental Hospital. She is trained to consultant level, and has worked as a Locum consultant in both district general and teaching hospitals.

Specialist/Consultant Orthodontist - Golfam Khoshkhounejad BDS (2002), DDS, MSc (Lond 2005), MOrth RCS(Ed) (2009), FDS(Orth) RCS(Eng) (2013) GDC No. 165128

Golfam obtained her dental degrees (BDS and DDS) before moving to the UK where she completed her three year specialist orthodontic training programme at the Eastman Dental Hospital and Institute. She obtained her Master of Science in Orthodontics from University of London in 2005. In 2009 she was awarded Membership of the Royal College of Surgeons of Edinburgh. She went on to do further training between Guy's Hospital London and Addenbrooke's Hospital, Cambridge and received her Fellowship in Orthodontics from The Royal College of surgeons of England, in 2013. Golfam is also trained to Consultant level in Orthodontics.